



Professional Learning Module
Developing a Reflective Practice through Quality Teaching and Learning

Reflecting on My Practice

Self-Check for Approaches to Learning

Approaches to Learning is a unique and critical domain of children's development. The components - curiosity and eagerness, persistence, creativity, planning and reflections - address how children deal with new environments, interactions and discoveries and describes children's attitudes and dispositions towards learning. The following elements will help teachers in thinking about how to plan and arrange the environment to support children's approaches to learning.

Which of the following elements do you do?	Yes	Usually	Not yet
1. I design a flexible learning environment to promote interactive activities and to support the learning of all children.			
2. I make additions and adjustments to classroom activities and materials on a regular basis.			
3. I take time to listen to children and pose questions that challenge their thinking.			
4. I offer a variety of materials and activities to encourage children to make their own choices based on their individual interests.			
5. I provide ample time (a minimum of 1 hour for free choice center time) for children to engage in activities and play to support longer attention to tasks and opportunities for problem solving.			
6. I provide a variety of open-ended materials and allow children to create instead of copying a teacher-directed project.			
7. I encourage children to solve problems step-by-step, by asking questions in a series.			
8. I allow time during the day for children to make a plan for their activity choices and allow time for children to reflect on the execution of their plan.			
9. I introduce new equipment and materials and discuss possible uses before adding them to an interest area.			
10. I provide individual adaptations to support children's engagement and participation in all daily activities.			

WHAT AREAS CAN I IMPROVE ON?